Meals-in-a-Jar Made Easy

TOMATO SOUP

/4 c. Thrive Tomato Sauce 1/4 c. Thrive Instant Milk 2 T. Thrive Chopped Onions 1 c. Thrive Diced Tomatoes Salt and Pepper to taste

Add 2 cups of water to a high powered blender. Add contents of jar. Blend on soup mode until warm. (If you don't have soup mode, blend and then heat on the stovetop until warm)

http://mealsinajar.net

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