

Meals-in-a-Jar Made Easy

EGG NOG MIX

- 1 1/3 c. Thrive Instant Milk
- 1 tsp. Vanilla Powder
- 1/4 tsp. Ground Nutmeg
- 1/2 tsp. Ground Cinnamon
- 6 T. Thrive Scrambled Eggs
- 1/3 c. White Sugar

Mix 4 cups water, 1 cup of ice, and jar ingredients in a blender for 1 minute. Garnish with whipped cream and a sprinkle of cinnamon.

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