

*Meals-in-a-Jar*  
Made Easy

**OATMEAL BERRY BAKE**

1 tsp. Ground Cinnamon  
1/2 tsp. Ground Allspice  
1/2 tsp. Ground Nutmeg  
1/4 c. Thrive Honey Crystals  
1/3 c. Thrive Instant Milk  
1/4 c. Thrive Scrambled Egg Mix  
1 c. Rolled Oats  
1/3 c. Thrive Blueberries  
1/4 c. Thrive Raspberries  
1/4 c. Thrive Blackberries  
1/2 c. Thrive Strawberry Slices  
1/3 c. Thrive Granny Smith Apples

Combine contents of jar and 2 cups water in a bowl and stir. Let stand 5 mins. Poured into a greased 9x9 pan. Bake at 350 degrees for 35-40 minutes. Stir after ten minutes to help fruit not all float up to the top.

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