

## *Meals-in-a-Jar* Made Easy

### APPLE/BERRY CRUMBLE

#### **Crumble Topping (baggie):**

1/2 c. Rolled Oats  
1/2 c. Brown Sugar  
1/2 tsp. Baking Powder  
1/2 tsp. Cinnamon  
1/16 tsp. Kosher Salt

#### **Fruit Mixture:**

1 c. Thrive Fuji Apples  
1/2 c. Thrive Blueberries  
2 1/4 tsp. Flour (gluten-free)  
1 T. Brown Sugar  
1/8 tsp. Cinnamon

Remove baggie from jar, pour into bowl. Stir in 1/4 c. melted butter. Put in freezer. Pour rest of jar into small bowl. Add 6 T. water, let sit for 10 mins. Pour fruit mix into small greased baking dish. Sprinkle crumble on top. Bake 30 mins at 350.

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