

THRIVE

FRUIT MUFFINS

- 2 c. White Flour
- 2 tsp. Baking Powder
- 3/4 c. White Sugar
- 1/8 tsp. Salt
- 2 T. Thrive Scrambled Egg Mix
- 3 T. Thrive Instant Milk
- 2 T. Thrive Applesauce
- 1 c. Thrive Mango Chunks
- 1 c. Thrive Cranberries

Combine jar contents with 1 1/2 cups of water and stir gently with a large spoon. Spoon into muffin tins (should make 12 muffins). Bake for 20-25 minutes at 400 degrees.

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