ALL PRICES USD • WHILE SUPPLIES LAST!



April Specials Pack



Raspberries, Sweet Corn, Sliced Onions, Red Bell Peppers, Cheddar Cheese, Ground Beef, Chopped Chicken

> \$174.53 \$122.17 All pack contents are pantry cans.



Onion Slices Family Size: \$41.79 \$31.34 Case: \$237.99 \$178.49 Pantry Can: \$16.59 \$12.44 10-Pack: \$157.59 \$118.19 ① ✿ @ @





Raspberries Family Size: \$54:19 \$40.64 Case: \$308:49 \$231.37 Pantry Can: \$21:29 \$15.97 10-Pack: \$202:29 \$151.72 (1) (2) (2) (2)



Cheddar Cheese Family Size: \$74.49 \$55.87 Case: \$424.49 \$318.37 Pantry Can: \$29.79 \$22.34

10-Pack: \$282.69 \$212.02

What's for dinner? Check out our recipes and tips on the back!



Sweet Corn Family Size: \$39.19 \$29.39 Case: \$223.29 \$167.47 Pantry Can: \$15.69 \$11.77 10-Pack: \$148.59 \$111.44



Ground Beef Family Size: \$81.99 \$61.49 Case: \$467.39 \$350.54 Pantry Can: \$31.39 \$23.54

10-Pack: \$298.39 \$223.79 ⊕ ⊕ @ №



Chopped Chicken Family Size: \$93.09 \$69.82 Case: \$530.49 \$397.87 Pantry Can: \$36.39 \$27.29 10-Pack: \$345.29 \$258.97 (1) (2) (2) (2) (2)



Chicken & Red Pepper Pasta





Give 5 with Thrive Thrive Life donates 5% of all Thrive pr

Thrive Life donates 5% of all Thrive profits to the Thriving Nations Charity Learn more at www.thrivelife.com/thrivingnations

Contact me for Best Prices!

(1) FD Freeze Dried, G Nutrilock, G Gluten-Free Certified, C Non-GMO,

*Free shipping on delivery service orders over \$99.5% shipping in Alaska, Hawaii & Puerto Rico.

The anipping on define year is a particle order app. 29 anipping in Hadada, nation of Defendence. Discurds on monthly special fitters are available only on delivery orders. One-time orders pay retail price. Sale ends 4/30/2022. All seasonal and sale items are available while supplies last.

Z yr Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all our fruits, veggies, dairy and meats is Z's years. To Go Bowl's are good for 1 year from their manufacture date. For specific information, visit our product pages at thrivelife.com.

Chicken & Red Pepper Pasta

INGREDIENTS:

package of penne pasta (16oz)
cups Thrive Life Red Bell Peppers
½ cups Thrive Life Onion Slices
½ cups Thrive Life Chopped Chicken
jar of pasta sauce
tbsp. Italian Seasoning*
½ cups Thrive Life Cheddar Cheese

*We used our Thrive Life Italian Seasoning. Use 1 tsp. if using dehydrated seasoning.

INSTRUCTIONS:

- 1. Cook penne pasta as directed on the packaging
- 2. While the pasta is cooking, heat a large skillet over medium/high heat with a drizzle of olive oil. Add red bell peppers, onions, and chopped chicken. and 2 cups of water to the skillet, and bring it to a simmer for 7-10 minutes.



- 3. Mix in pasta sauce and simmer for 3 minutes.
- 4. Gently mix in strained penne pasta. Add Italian seasoning and top with cheddar cheese.

Throw 'n Go Beef Tacos

INGREDIENTS:

2 cups Thrive Life Ground Beef ¹/₂ cup Thrive Life Onions Slices 2 tbsp. taco teasoning 1 cup Thrive Life Sweet Corn 1 16 oz can black beans* 2 cups water Kosher salt as needed Pepper as needed 2 boxes of hard taco shells 1 cup Thrive Life Cheddar Cheese *Try substituting our Thrive Life Instant Black Beans

INSTRUCTIONS:

- Heat a large skillet over medium/high heat with a drizzle of olive oil. Add the ground beef and onion slices and lightly toast.
- 2. Next add corn, black beans, and water. Add salt and pepper. Let simmer for 5–7 minutes.



Thrive Life Raspberries

Add to a berry compote, drizzle them with chocolate, or eat them straight out of the can.



3. Place beef mixture in taco shells, add cheese, and serve.



