

THRIVE

BREAKFAST CASSEROLE

- 1/2 c. Thrive Scrambled Egg Mix
- 1 T. Thrive Instant Milk
- 1/2 tsp. Cumin
- 1/2 tsp. Chili Powder
- 1/2 tsp. Salt
- 1/4 tsp. Pepper
- 1 T. Thrive Chopped Onions
- 2 T. Thrive Green Chili Peppers
- 1/4 c. Thrive Sausage
- 1/4 c. Thrive Cheddar Cheese
- 1/4 c. Thrive Red Peppers
- 1/4 c. Thrive Diced Tomatoes

Mix contents of jar with 1 1/2 cups of water. Spray pam spray in a 9x9 pan or medium round baking dish. Pour egg mixture into pan. Cover with tinfoil. Bake at 375 degrees for 45 minutes or until cooked through..

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