# THRIVE

### **CHICKEN FRIED RICE**

1/4 c. Thrive Chopped Onions
1/3 c. Thrive Spinach
1/3 c. Thrive Sweet Corn
1/3 c. Thrive Peas (optional)
1/3 c. Thrive Red Bell Peppers
1/3 c. Thrive Zucchini
1 c. Thrive Chopped Chicken
1/4 c. Thrive Scrambled Egg Mix
2 c. Instant Rice

Combine eggs with 6 T. water.
Scramble eggs and break into small chunks. In large frying pan, combine jar contents and 6 cups of water.
Bring to a boil, then add rice. Cook on low for 8-10 minutes. Let stand 5-7 minutes. Drain off excess water.
Stir in 3 T. soy sauce.

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