

# THRIVE

## CHICKEN FRIED RICE

2 T. Thrive Chopped Onions  
1/4 c. Thrive Spinach  
1/4 c. Thrive Sweet Corn  
1/4 c. Thrive Peas (optional)  
1/4 c. Thrive Red Bell Peppers  
1/4 c. Thrive Zucchini  
1/2 c. Thrive Chopped Chicken  
2 T. Thrive Scrambled Egg Mix  
1 c. Instant Rice

Combine eggs with 3 T. water.  
Scramble eggs and break into small chunks. In large frying pan, combine jar contents and 3 cups of water. Bring to a boil, then add rice. Cook on low for 8-10 minutes. Let stand 5-7 minutes. Drain off excess water. Stir in 2 T. soy sauce.

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